All The Feeling Words
Wayne Ray 2019

I'm Afraid I was Disgusted at
how Anxious and Determined my
Angry self was so Determined
to be Aloof and also Defiant while
being Ashamed and Depressed as
these Aggravated words Amused me
while I Dumbed Down literacy.

By being Bashful but not Bored,
Content to Cautious Cheerfulness
I became Courageous and Curious,
Energetically Ecstatic and Excited
though Exhausted with Embarrassment.
I couldn't choose between a Flippant
Fearfulness or Frantic, Frightened
Friendliness. I was so Frustrated.

Good. I'm Grateful I got that off
my Inadequate Guilty conscious in an
effort to be Happy and not so
Hatefully Helpless where I felt Hostile
as I Humiliated my Hungry Hurt as I
was Hysterical to stop being Impatient
while being Inadequately Indifferent to
my new found Independence. By
being Insecure I Irritated my Isolated
inner voice who was Madly Jealous.

Lonely, Lonesome, and Alone, I was
Wanting a Loving Friendship but
I was Overwhelmed with Optimistic
Mad Nervousness for the first time.
Oh My God! I Panicked, was Paranoid
and Perplexed but Pessimistically
Playful. Pleased with my Powerful
output and Putout but Regretful at
the same time while Relieved at
how Ridiculous and Resentful
my Response was
and how Rotten and Sad my life.

My inner voice said "hey Sexy,
I'm Satisfied your Selfish Shaky
soul will come Clean. Don't be Shy
Silly. Don't Smother yourself
with Sadness Stupid." I'm Stupefied
to be Tearful. I'm now Thankful
it Threatened to be tough with me.
I'm no longer Unhappy and Uptight.
I am a Unique person not Vengeful.
I once felt Whipped and Wicked.
Now I am no longer Worried that
time Wounds all heals, not even mine.